A Comprehensive Review of the Integration of Battery Energy Storage Systems Into Distribution Networks

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ABSTRACT Recent developments in the electricity sector encourage a high penetration of Renewable Energy Sources (RES). In addition, European policies are pushing for mass deployment of Electric Vehicles (EVs). Due to their non-controllable characteristics, these loads have brought new challenges in distribution networks, resulting in increased difficulty for Distribution System Operators (DSOs) to guarantee a safe and reliable operation of the grid. Battery Energy Storage Systems (BESSs) are promising solutions for mitigating the impact of the new loads and RES. In this paper, different aspects of the BESS’s integration in distribution grids are reviewed. At first, the physical layer will be considered, focusing on the main battery technologies commercially available and on the power electronics converter. Secondly, the different functionalities that a grid-connected BESS can provide will be investigated, and then its sizing, location and control in distribution network will be discussed. In addition, an overview of actual BESS installations is given. All in all, this paper aims at providing a comprehensive view of BESSs integration in distribution grids, highlighting the main focus, challenges, and research gaps for each one of these aspects.

INDEX TERMS DC-AC power converter, distribution network, energy storage.

I. INTRODUCTION

The existing electrical networks have been designed according to the old paradigm that foresees mainly large generation plants, connected at the transmission grids, providing most of the required energy. Distribution grids, instead, have been planned to host consumption points and not distributed generation. The increase of solar and wind energy production, together with the introduction of new types of loads, as electric vehicles and heat pumps, have brought heavy changes in distribution networks [1], [2]. For these reasons, Distribution System Operators (DSOs) now face new technical challenges, especially due to the unpredictable nature of solar and wind power and of Electric Vehicles (EVs) charging stations [3]–[5]. Energy Storage Systems (ESSs) might be a valid alternative to network reinforcements. However, their benefits and economic viability are not completely clear [6]. In addition, adverse policies might hamper the deployment of such systems [7]–[9]. Although many energy storage technologies have been developed, the focus of this work is on battery-based energy storage systems.

Due to their flexibility and expected decreasing costs [10], [11], Battery Energy Storage Systems (BESSs) have attracted the attention of the scientific community, resulting in a considerable number of studies. Several energy storage technologies are presented in [12], [13], article [14] provides an economic analysis of storage technologies, whereas in [15] the possible grid applications are discussed. BESSs’ placement and sizing techniques are considered in [16]–[19]. Whereas article [20] also discusses ESS control and a few case studies. Regarding the converter topology specifically for energy storage, a survey is given in [21], whereas [22]
presents a comparative analysis of efficiency and costs between the main circuit topologies.

Technical aspects such as BESS components, functionality, planning, control, and installations are generally studied and reviewed independently from each other. This paper, instead, aims to provide a comprehensive view of BESSs integration in AC distribution grids. At first, in Section II, the main electrochemical storage technologies and the possible research gaps related to the design of grid-connected power electronics converter for battery energy storage are investigated. Secondly, in Section III, the main BESS electrical services will be discussed, providing insights on the possible applications and the deriving revenues. Moreover, in Sections IV and V, it will be shown how the studies related to energy storage planning and control differ in terms of BESS ownership, modeling, and application for which the storage is deployed. Finally, in Section VI, energy storage installations and pilot projects will be considered, to analyze how and to what extent BESSs have been deployed and which are the key players in the commercialization of storage systems. Section VII presents the conclusion of this review.

II. BATTERY ENERGY STORAGE SYSTEMS COMPONENTS

In this Section the physical components of battery energy storage systems are investigated. Fig. 1 shows a circuit schematic of a grid-connected BESS. The main components are the battery bank, the DC-AC converter, the DC and AC filters, the protection circuits, and the step up transformer. The parts by interest considered in this Section are the battery bank and the power electronics converter.

A. ELECTROCHEMICAL BATTERY TECHNOLOGIES

The main electrochemical technologies that have been used in grid applications are lithium-ion, sodium-sulfur, lead-acid, and redox flow batteries. Grid-connected electrochemical storage is characterized in terms of energy density, efficiency, lifetime, and costs, as illustrated in Figs. 2 and 3 and discussed in the following.

Lead-Acid batteries were the first rechargeable battery technology invented in 1889 by the French physicist Gaston Planté. Nowadays lead-acid batteries are considered a mature technology, which is characterized by a low cell cost (50-600 $/kWh) and good efficiency (80-90 %) [23], [28], [29]. Their main drawback is the low cycling life (up to 2500 cycles), compared to other technologies, [23], [24] and low energy density (20–30 Wh/kg). Besides, lead-acid batteries lifetime is negatively affected by a high depth of discharge [30], [31].

Sodium-sulfur (NaS) batteries were developed by NGK Insulators Ltd in collaboration with TEPCO. NaS batteries are characterized by high operating temperature (around 300°C), reasonable efficiency (>80%), high energy density (in the range of 150-240 Wh/kg) and long cycling life (up to 4500 cycles) [32], [33]. This technology has been already adopted as grid-connected energy storage to mitigate the impact of renewable energy based generators [14], [33], [34].

Redox Flow (RF) batteries were first developed by NASA in 1974 [35]. They consist of two separate tanks, where the two chemical reactants are contained, and two electrodes separated by a membrane, where the two components are combined and the reaction of oxidation-reduction (redox) occurs. The energy capacity of flow batteries is defined by the amount of reactants stored in the tanks, whereas the power is defined by the electrodes and membrane system. Power and energy ratings are then separated, and this adds flexibility in the design and operation. Redox flow batteries have a low energy density (15–30 Wh/kg) and efficiency up to 75% [36]. Nevertheless, flow batteries are not subject to limitations in terms of reactants’ life cycle and by the depth of discharge [37]. Besides the technical peculiarities, redox flow batteries have been recognized as a potential candidate for grid-scale storage also due to their economic performance [38]. Several chemical compositions for the reactants have been studied and proposed. However, Vanadium based and Zn-Br are the most prominent ones [39].

Lithium-ion batteries were firstly commercialized by Sony in 1991. The electrochemical properties of Li-ion batteries are defined by the chemical composition of the cathode, typically a lithium metal oxide, and of the anode, typically graphite [25]. This technology shows high efficiency, that can reach over 90%, although some commercial products offer a rated round trip efficiency over 95% [40], high energy density (90–190 Wh/kg) [41], and a long lifetime, that can reach up to 10000 cycles depending on the Li-ion chemistry, as shown in Fig. 3 [24], [25]. The lifetime is nonetheless affected by the cell temperature, which is a critical factor in the degradation process [42]. Li-ion batteries have been widely used in electronics devices, and in recent years, it has become the main technology for EVs. Despite being still relatively expensive, this technology is well suited for grid-connected applications [10]. Today many Li-ion technologies exist, e.g., Lithium cobalt oxide-based (LiCoO$_2$), Lithium manganese oxide-based (LiMn$_2$O$_4$), Lithium nickel oxide-based (LiNiO$_2$), Lithium nickel cobalt aluminium oxide-based (LiNiCoAlO$_2$), Lithium nickel manganese oxide-based cobalt (LiNiMnCoO$_2$), Lithium titanate oxide-based (Li$_{2}$Ti$_{1/2}$O$_{3}$), and Lithium iron phosphate-based (LiFePO$_4$) [43]. Fig. 3 presents the performances of (a) Lithium iron phosphate, (b) Lithium nickel manganese cobalt and (c) Lithium nickel aluminium cobalt [24], [25]. Between the considered electrochemical compositions, Lithium nickel manganese cobalt based technology, NMC, offers the best performances. Its good performances, among other factors, have contributed to bringing about NMC as the primary Li-ion technology for...
stationary storage and EVs [44], [45]. Fig. 4 shows the cost of lithium-ion battery cells and pack over the past years [26]. What stands out is the substantial cost reduction, roughly −75% in 6 years, from 650 $/kWh in 2013 to 156 $/kWh in 2019. Following this trend, further cost reduction is expected. Consequently, with a lower total cost of ownership (TCO), energy storage systems could further establish themselves in the electricity sector.

Figs. 2 and 3 illustrate the main performance indicators of the electrochemical battery technologies previously discussed. Lithium-ion batteries outperform the other technologies, offering higher power and energy density, efficiency, and low daily self-discharge. Consequently, they have been the preferred choice by the industry, as it will be discussed in Section VI.

B. POWER ELECTRONICS DC-AC CONVERTER

The connection of battery storage systems to the AC distribution grid is made through power electronics based converters. In lithium-ion and lead-acid batteries based storage systems, the Power Conditioning System (PCS) accounts for a minor part of the total costs, as Fig. 5 shows, however the decreasing trend of battery cells costs, illustrated in Fig. 4, will lead to a higher share of costs for the PCS, as also foreseen in [24]. In this perspective, it is advisable to design the power electronics converter to ensure high efficiency and reliability, i.e., to limit the total cost of ownership [14].

Batteries have some peculiarities that need to be considered for the inverter design. The cells’ terminal voltage variations between fully charged and fully discharged status can be up
FIGURE 5. Energy storage systems (a) absolute and (b) relative costs for different electrochemical technologies, (b) refers to battery energy storage systems designed for $1-C$ application, so that the ratio of the BESS rated kWh/kW is equal to 1, e.g. a 1MW/1 MWh system—author’s elaboration from [14].

FIGURE 6. Transformer based Two Level and Three Level DC-AC converter topologies: (a) Two Level VSC, (b) Three Level T-Type VSC, (c) Three Level Neutral Point Clamped VSC, and (d) Three Level Active Neutral Point Clamped VSC.

to 40% [46]. Moreover, to ensure a highly efficient DC-AC conversion, the AC voltage should be kept as high as possible, to reduce the current stress in the semiconductors, which is the dominant source of loss within the power electronics converter.

Whereas the maximization of the efficiency will push for increasing the rated AC and DC voltages, the international norms fix the boundary between low and Medium Voltage (MV) at 1.5 kV [47], with additional safety requirements for appliances working at MV. Besides, the series connection of a high number of battery cells can lead to lower system reliability [48]. Furthermore, the limitations and requirements in terms of safety, harmonic content, and P-Q capabilities set by the technical standards and national grid codes need to be considered [49], [50].

Power electronics converters can be firstly classified depending on the presence or not of a step-up transformer, moreover, when transformers are not adopted, the step-up in voltage, necessary for the connection at MV, can be achieved through the series connections of semiconductors or sub-modules. Also, the DC voltage can be controlled through an auxiliary DC-DC converter placed in between the battery and the grid connected DC-AC converter. However, the extra conversion step adds complexity, costs and it can lead to additional power losses. This choice needs to be justified by technical or operational challenges. Two Level (2 L) Voltage Source Converters (VSCs), shown in Fig. 6(a), are the preferred choice by the industry for interfacing stationary energy storage with the MV grid [51], [52]. However several other topologies, such as Three Level T-type, Neutral Point Clamped (NPC) converter, and Active Neutral Point Clamped (ANPC) converter, shown in Fig. 6(b)-(c)-(d) respectively, have been developed [21], [22].

Fig. 7 shows the semiconductors module efficiency for 100 kW Two Level and Three Level VSCs connected to a 400 V line-to-line AC grid with different switching
FIGURE 7. Efficiency at rated power of PWM Modulated Two Level and Three Level VSC topologies operating at different switching frequency for the converter specifications given in Table 1.

FIGURE 8. Losses distribution in Two Level (a) and Three Level (b)-(c)-(d) topologies during inverter operation, with switching frequency $f_s = 4$ kHz (blue+red) and $f_s = 12$ kHz (blue+red+yellow), considering the specifications in Table 1 and the components nomenclature of Fig. 6.

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frequencies $f_s$. The converter specifications are given in Table 1. For the analysis, appropriately rated IGBT-Diode modules from [53] are chosen. Three Level topologies outperform Two Level converters at higher switching frequencies, moreover, in particular Neutral Point Clamped topologies, show a better distribution of losses between the components, as displayed in Fig. 8. Further advantages from higher switching frequencies derive from the lower volume of the AC output harmonic filter, thus increasing the converter power density and the shifting away from the human audible noise frequencies. In reality, large grid-connected BESS are confined in containers and mostly installed away from people, which allows the power electronics to operate at low switching frequencies, e.g., 4 kHz, well within the human audible noise range. This leads to low switching loss across the semiconductors, displayed in red in Fig. 8. Additionally, Two Level VSC displays outstanding conduction losses, as depicted in Fig. 8, which justify its wide utilization at those low levels of $f_s$.

The cost comparison for energy storage MV converters presented in [22] indicates that Cascaded H Bridge (CHB), shown in Fig. 9, is a cheaper solution with respect to classic topologies, Two and Three Level converters, and the Modular Multilevel Converters (MMCs), depicted in Fig. 10. Multilevel topologies, such as the CHB and MMC, have been
proved well performing circuit topologies for grid connected energy storage applications; providing a lower overall harmonic content, high power density, and high efficiency at high switching frequency [22], [52], [54]–[56].

The reliability of energy storage systems, considering power electronics and battery cells, is studied in [48]. The authors performed a comparative study between two BESS configurations, a fully rated 2 L converter, and four partially rated 2 L converters. The two configurations are tested under different operating conditions, number of cycles that the battery cells are performing, battery power, and series-parallel cell configurations. The study highlighted how low power applications could ensure higher reliability. Moreover, it was found that there is an inverse proportional relationship between reliability, power level, and the number of cycles. This study can be a reference for further reliability analysis and comparisons between different topologies and battery’s cell configurations.

**C. DISCUSSION**

From the literature considered, it is found that despite the Two Level VSC is the most used topology for grid-connected BESS converters, alternative topologies can guarantee better performances in terms of efficiency, cost, power density, and system reliability. Furthermore, the influence of the operating conditions and then of the battery functionality on converters efficiency and reliability has been proved. Nonetheless, few researches show how BESS cost of ownership is influenced by adopting a more performing converter, in this context and from the insights gained from Figs. 7 and 8, further work can be focused on showing how different converter topologies impact on BESSs technical and economic performances. It is also essential to perform this analysis for different grid functionalities, such as the ones discussed in Section III, showing how the different operation requirements affects the DC-AC converter performances and design.

**III. APPLICATIONS OF GRID CONNECTED BATTERY ENERGY STORAGE SYSTEMS**

Grid-connected energy storage systems might be used to provide several services to grid operators, Distributed Generators (DGs) plant owners, energy retailers, and consumers [28], [57]. Fig. 11 lists some possible grid applications and classify them as power or energy intensive, meaning that their provision requires high energy reserve or high power capability, and according to the time scale of their deployment, from milliseconds to hours. Before analyzing how storage has been applied for the provision of these services, it can be useful to have an overview of the services themselves.

**A. POWER QUALITY**

Power quality indexes are used to measure the distortion of the voltage and current waveform with respect to an idealized pure sinusoidal one. Distortions can have a transient characteristic, for example, in the turning on or off of loads or generators, or be constant at steady state, for instance, due to the operation of non-linear loads or power electronic interfaced generation [58]. Energy storage has been investigated for this application, and it has been proved an effective solution [59], [60].

The rise of intermittent power sources has as well brought forward the issue of power swing in the network. The solar irradiation and wind speed fluctuations can lead to a sudden high variation of Distributed Generation plants and this can negatively affect the network. In this context, energy storage can be added to the DG plant and used to buffer the short term power variation [61]–[63]. When deployed for this scope BESS represent an additional cost component to the RES
plant, decreasing the system revenue. In this context, economic incentives to the plant owners for the power fluctuation mitigation might be a way to offset the revenue loses [63].

In addition to the voltage waveform measurements and to the output power fluctuations, also the continuity of service is monitored. System Average Interruption Frequency Index (SAIFI) and System Average Interruption Duration Index (SAIDI), between the many available indexes, are used to define the DSOs’ remuneration bonus. Moreover, national grid codes can foresee fines or payments from DSOs to the users in case of service interruptions [64]. In the context of improving the continuity of service of distribution grids, energy storage systems can be implemented to facilitate the black start procedures and to allow the islanding operation of the distribution feeder. These two situations are consequent of one or multiple faults that bring a portion of a distribution network to operate disconnected from the main transmission grid. In the case of blackouts, storage systems could be integrated into the grid restoration plans and facilitate the recovery procedure [65]. Besides, high penetration of distributed generation together with storage systems could allow a safe operation also during unintentional islanding [66]. In a hypothetical islanding procedure, BESSs will be required to monitor and mitigate the transient due to the fault, and the sudden load-generation unbalance to have a smooth transition between grid-connected and islanded mode [67].

### B. VOLTAGE CONTROL

Voltage control in distribution grids can be performed through several devices, among them tap changers, capacitor banks, voltage regulators, and static VAR compensators [65], [70]. However, as previously discussed, it might be necessary to add extra flexibility in managing distribution grids, and BESSs can play a crucial role in the future paradigm of voltage management. Since DG injection could make ineffective the regulating devices at the substation, such as transformers tap changers, the possibility of having several units distributed along the network, able to selectively generate reactive power, could allow an easier voltage control [71]. The implementation of storage units in the voltage control scheme has been proved technically effective [72], [73].

The voltage profiles of one of the two main feeders of the IEEE European test network, displayed in Fig. 12, are evaluated and plotted in Fig. 13. Fig. 13(a) shows the voltage profile before and after the introduction of PV generators, it is possible to see how the photovoltaic generators can lead to overvoltages at the end of the network. Fig. 13(b) display the potential of BESSs in reducing the overvoltages. The colored lines represent the voltage profiles with the activation of the BESS system targeting the overvoltage reduction. The different colors indicate the different positions of the energy storage in the network. For each case, the node where the BESS is located is highlighted with a star. The number is assigned according to Fig. 12. The influence of the energy storage location on voltage regulation can also be seen in Fig. 13, the green case shows a better overvoltage reduction, nonetheless storage systems present a good potential for voltage regulation.

To limit the impact on the grid’s voltage of DGs, besides the introduction of voltage regulating devices in the DSOs voltage control strategies, national and international energy regulators have introduced in the grid codes the obligation for DGs connected to the distribution grids of following $Q(V)$ or $\cos \varphi(V)$ droop curves. In the most recent versions of the national technical standards, these requirements have also been extended to energy storage systems, e.g. in the Italian standards CEI 0-16 [74] and CEI 0-21 [75] and in the German standards VDE-AR-N 4110 [76] and VDE-AR-N 4105 [77]. This service has to be provided automatically and in parallel to the main functionality. It helps to mitigate the overvoltage, through the absorption of reactive power, and the undervoltage, through the injection of reactive power, in distribution network feeders.

### C. PEAK SHAVING AND LOAD SMOOTHING

Peak shaving and load smoothing consist of flattening the generation and load profiles so that the maximum power seen by the grid is reduced. In real-time operation, this scheme can allow the solution of network congestion, relieving the overloading of the conductors due to generation and load peak power. Moreover, in a planning horizon, network reinforcements, such as feeder re-conducting or substituting a transformer, might be avoided and deferred in time through the installation of energy storage systems [84], [85]. In this application, energy storage might be a promising solution, since DSOs are required to guarantee the adequacy of the network infrastructure so that the network can accommodate both the nominal power of the load and of the connected generators. In addition to the upgrade deferral, peak shaving and load smoothing may have a beneficial impact on network losses. In this regard, increasing the profile matching between load and local generation, BESS operation can further reduce system losses [86], [87].
D. FREQUENCY CONTROL

Frequency control is a commercial service typically offered by generators connected to the transmission networks in the ancillary service market. In recent years, also generators and energy storage systems connected at the distribution network have been allowed to provide this service. Generators and BESS adopt a droop control that follows the frequency unbalances and reacts accordingly, changing the power output. An example of the droop control logic is shown in Fig. 14. In Table 2, the main parameters defining the primary frequency control logic for some European countries are shown. The provision of frequency control has been proven a profitable functionality for energy storage systems [88], [89]. Energy storage systems might be limited by their maximum and minimum State of Charge (SoC), to mitigate this problem, several techniques for controlling the SoC have been proposed [90]. Depending on the country, the droop logic is implemented with different parameters, defining or not the deadband and varying the droop value. The remuneration scheme is often through tenders, where the participants bids couples of regulating power and the required price.

E. ENERGY ARBITRAGE

Energy arbitrage consists of buying and selling energy in the spot energy market. Since the electricity sector in most countries is unbundled, only a commercial user is allowed to perform energy arbitrage. This can be performed by a couple BESS+DG or BESS+load, where the storage unit is used to shift the energy production or generation to profit the most from the price variations of the energy market [91]. Business
cases could be built out of energy arbitrage, however present central European spot market prices might be not high enough if only energy arbitrage is considered as revenue stream [92]. Considering the Day-Ahead-Market (DAM) price data of the year 2018 for Italy and the UK, the minimum and maximum daily prices are extracted [93], [94]. These are plotted in Fig. 15, together with the daily maximum price difference and its average over the year. It is possible to see that the daily average price difference is below 50 €/MWh. For a storage system rated 1 MWh/1MW, considering 50 € as net revenues per cycle, neglecting power losses revenue taxes and battery capacity fading, and assuming the battery lifetime as 4000 cycles and the battery capital costs as 500 €/kWh, the revenues would be significantly lower than the assumed cost, confirming the findings of [92]. Following the same assumptions, the target price for break-even within 4000 cycles would be 125 €/MWh, a too high price for the present market, while 10000 cycles would be required to reach the break even for 50 €/MWh.

**F. DISCUSSION**

Although ESS grid applications have been so far presented individually, several studies in the literature analyze ESS performances when multiple functionalities are selected. Multi-functional BESSs can be subject to contrasting technical requirements and regulatory position, due to the combination of the different services. Moreover, the minimum power for the eligibility on the provision of specific services, for example, frequency regulation, could be too high, especially for units connected at the low voltage network. The synergies and contrasts between the different applications have been explored and the overall revenue increase, with respect to the provision of the single service separately, has been proven [95]–[98].

Future research might address how to efficiently combine multiple services, from the technical, economic, and regulatory point of view. Research should be oriented on showing how to successfully exploit at maximum the battery characteristics through designing a coherent scheme for services provision. Also, it is found that through the involvement of several stakeholders, the chances for a positive business case increase.

**IV. BESS SIZING AND LOCATION IN DISTRIBUTION NETWORK**

The problem of the optimal sizing and siting of storage systems in the distribution network has been widely studied in the literature [6], [16]–[18]. Several variables need to be defined to approach it, the solving technique, the performance metric for the optimum evaluation, the battery technology and modeling, and the test network where to perform the studies. There are two main approaches to this problem: mathematical programming and heuristic methods. The distinctions between the two consist in how to set the optimization problem and in the solving algorithm. Other approaches, such as analytical methods, can perform well in small networks, but they are not suitable or too computational demanding in complex scenarios [16], [17].

Mathematical programming consists in describing the problem with a set of equations, and, according to the characteristics of these, different solving techniques can be applied. Some conventional formulations are Linear Problem, Semi Definite Problem, or Second Order Cone Problem. Many commercially available solvers can solve convex optimization problem, and these have been widely used in power systems applications with good computational performances. Mathematical programming requires an explicit analytical
formulation of the objective function and the constraints. Heuristic methods do not require explicit mathematical formulations and, for this reason, they are suitable for multi-objective optimization. The general pattern in applying these algorithms consists of adopting artificial intelligence methods for the size and location of the storage systems and then evaluating the fitness of the candidates through classic optimal power flow algorithms. Heuristic methods found several derivations, however, some of the most common algorithms are Particle Swarm Optimization (PSO) [99] and Genetic Algorithms (GA) [100]. PSO has been adopted to solve some of the classical power system problems, for example, load flow, voltage control, and economic dispatch [101]. Due to the nature of the energy storage sizing and placement problem, PSO and GA are valid candidates as an optimization algorithm.

Table 3 shows a brief comparison between the two categories of optimization techniques. As previously discussed, when convex programs are adopted, an explicit formulation of the problem is required. In this aspect, heuristic methods are more flexible at the expense of the accuracy of the solution. These algorithms do not ensure reaching the global optimum, and they may get trapped in a local optimum.

An overview of some relevant studies regarding the planning of the distribution system, including energy storage, is provided in Table 4. This review aims at understanding how the problem of sizing and siting storage systems has been tackled in the literature and at highlighting the assumptions adopted in the problem settings. Through this information it might be possible to reveal the limitations of the studies analyzed and the potential improvements with respect to state of the art.

Table 4 clearly shows that the energy storage planning problem has been widely considered both through mathematical programming, where storage is placed targeting the optimization of virtual operation costs [114], of the energy purchase costs [115], and of system costs, losses and the energy flow at the substation [106], and through artificial intelligence based algorithms. Heuristic methods have been adopted for evaluating the optimal storage capacity, for minimizing losses and voltage violations after finding the best location through loss sensitivity analysis (PSO) [116], for solving the grid expansion plan aiming at lowering the total system costs (PSO) [117] (GA) [118], for minimizing storage capital costs, where BESS are used to mitigate overvoltages (GA) [119] and for avoiding network congestion (PSO) [104]. Hybrid approaches, combining heuristic methods and convex programs, have been used for the minimization of the VAR power flow at the HV/MV substation (GA+SQP) [111], for maximizing revenues from arbitrage, upgrade deferral, improving in system reliability and losses reduction (GA+LP) [105] and for optimizing system costs and revenues from arbitrage, environmental emission reduction, transmission access fee and loss reduction (GA+LP) [108]. The last study couples DigSILENT PowerFactory and MATLAB, the first for the network models and the second for the optimization algorithms. From the literature, it is found that a few articles base their analysis only on technical parameters. The main trend, in fact, consists of targeting the minimization of system costs on a long term horizon. This can be explained by the need to justify the high initial investment of storage units not only through technical improvements of the grid but also with a feasible business plan. Technical parameters, such as branch current, node voltages and the generators and BESS capability curves, are included in most relevant studies under the form of constraints of the problem. Furthermore, several studies introduce also constraints in the short term power fluctuations. In this respect BESS are adopted to mitigate the power swing of the associated renewable energy based generator to comply to the eventual TSOs or DSOs requests, as detailed in Section III-A [61]–[63]. In addition, it is found that mostly, as simplification, the planning problem is considered in a discrete way [111], in the sense that the sizing of the storage is considered by steps of 10 or 100 kWh, or in sequential approach [113], [114], first, the optimal location is found, and secondly, the battery capacity is evaluated. These strategies might simplify the setting of the problem at the expense of the solution’s accuracy. Another interesting approach for the deployment of several storage units consists of dividing the network into different clusters and finding the optimal location of the units within each cluster [112]. Several electrochemical technologies have been considered, for instance, lithium-ion, vanadium redox, NaS, and lead-acid, yet, in most cases, the differences in the modeling are accounted for in terms of capital cost, lifetime and round trip efficiency. Modeling battery efficiency as fixed value is a common practice [103], [105], [107], [108], [110], [111], [113], [115]. More accurate solutions, such as electrical models, are rarely taken into account at the planning phase, although a too simplified model can lead to significant errors in the lifetime and aging estimation [120]. In [121] the energy storage planning and scheduling optimization routine is run both using an accurate BESS description, equivalent electrical circuit, and a simplified one. The study shows that when the simplified model is used the BESS lifetime is negatively
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<td>PV + Wind</td>
<td>[106]</td>
</tr>
<tr>
<td>System costs</td>
<td>Arbitrage, peak shaving, reverse flow</td>
<td>Pre determined siting + sizing</td>
<td>Economical (NPV)</td>
<td>Stochastic optimization</td>
<td>NaS</td>
<td>81% Fixed efficiency</td>
<td>Modified IEEE 13-bus</td>
<td>PV</td>
<td>[107]</td>
</tr>
<tr>
<td>System costs</td>
<td>Arbitrage, environmental emissions, transmission access fee and losses</td>
<td>Sizing + siting</td>
<td>Economical (NPV)</td>
<td>GA combined with LP</td>
<td>VRR</td>
<td>75% Fixed efficiency</td>
<td>Iranian LV grid</td>
<td>PV</td>
<td>[108]</td>
</tr>
<tr>
<td>System costs</td>
<td>Voltage control, losses and congestion management</td>
<td>Sizing and siting</td>
<td>Economical</td>
<td>SOCP and ADMM</td>
<td>Li-ion</td>
<td>Losses quadratic with power</td>
<td>287-bus Swiss network</td>
<td>PV</td>
<td>[109]</td>
</tr>
<tr>
<td>System upgrade deferral</td>
<td>Voltage control</td>
<td>Sizing + siting</td>
<td>Economical</td>
<td>LP and statistic modelling of random parameters</td>
<td>Li-ion</td>
<td>Fixed efficiency</td>
<td>IEEE 13-bus balanced</td>
<td>PV</td>
<td>[110]</td>
</tr>
<tr>
<td>Voltage improvement</td>
<td>Arbitrage, Var power flow and incentives</td>
<td>Discrete sizing + siting</td>
<td>Economical (NPV)</td>
<td>GA and SQP</td>
<td>Redox Flow</td>
<td>72% Fixed efficiency</td>
<td>17-bus MV</td>
<td>PV + Wind</td>
<td>[111]</td>
</tr>
<tr>
<td>Voltage improvement</td>
<td>Losses and storage size</td>
<td>First siting then sizing</td>
<td>Technical and Economical for sizing</td>
<td>Sizing = losses sensitivity analysis / Sizing = Pattern search (PS) / OPF = Backward/Forward Slep Method (RBSM) + MIQCP</td>
<td>Not specified</td>
<td>Not specified</td>
<td>Italian LV 17-bus, IEEE 34-bus and 200 random grids</td>
<td>PV</td>
<td>[112]</td>
</tr>
<tr>
<td>Losses minimization</td>
<td>Investment costs</td>
<td>First siting then sizing</td>
<td>Technical</td>
<td>Li-ion</td>
<td>95% Fixed efficiency</td>
<td>CIGRE 14-bus MV and 17-bus sub transmission grid</td>
<td>No</td>
<td>[113]</td>
<td></td>
</tr>
<tr>
<td>Min virtual op costs</td>
<td>Voltage, feeder current, losses, energy cost and load curtailment</td>
<td>Sizing and siting</td>
<td>Technical and Economical</td>
<td>MI SOCP</td>
<td>Not specified</td>
<td>Losses quadratic with power</td>
<td>Modified IEEE 34-bus</td>
<td>PV + Wind</td>
<td>[114]</td>
</tr>
<tr>
<td>Minimize energy purchase costs</td>
<td>BESS lifetime</td>
<td>Sizing</td>
<td>Economical</td>
<td>MI SOCP</td>
<td>Lead acid</td>
<td>81% Fixed efficiency</td>
<td>11-bus system</td>
<td>PV + Wind</td>
<td>[115]</td>
</tr>
</tbody>
</table>

NPV = Not Present Value, NSGA = Non-dominated Sorting Genetic Algorithm, OPF = Optimal Power Flow, SOCP = Second Order Cost Program, ADMM = Alternating Direction Method of Multipliers, SQP = Sequential Quadratic Program, SLP = Semi Definite Program, CSA = Clustering and Sensitivity Analysis, MI SOCP = Mixed Integer SOCP
influenced by a non-optimal BESS scheduling. However, in the case presented, the computational time significantly increase, remaining nonetheless acceptable.

At the planning stage, the focus of the researches is on deploying ESSs for mitigating the impact of RES generation whereas providing a cheap solution for upgrading the network. In this aspect, to improve the accuracy of the analysis, future research should consider more detailed battery models, such as considering variable efficiency or equivalent electrical circuits, since battery modelling is not adequately addressed in most of the planning studies, both in terms of performances and lifetime. These strongly depend on the BESS operating conditions, rarely taken into account at the planning phase [122], [123]. Also, since the electricity sector is undergoing profound changes, properly considering the future evolution of distribution networks, in terms of load and generation increase as well as the introduction of new types of loads, can provide a clear understanding of the role of energy storage.

V. BESS MANAGEMENT AND OPERATION

The main components necessary for the functioning of a battery energy storage system are illustrated in Fig. 16. The Battery Management System (BMS) collects measurements data from the electrochemical storage and it is responsible for balancing the cells’ voltage, protecting them from overloading, and for minimizing the temperature gradient to guarantee an even ageing of the cells [124]. The BMS computes the state of charge and the state of health of the battery, feeding this information to the Energy Management System (EMS), i.e., the unit in charge of the storage system operations and protection. The EMS, as shown in Fig. 16, in addition to the battery parameters received from the BMS, it collects inputs from different sources, e.g., when available, electrical measurements at the Point of Common Coupling (PCC), weather forecasts, energy market data, and commands from DSOs, TSOs and aggregators. Given these data, the decision algorithm embedded in the EMS finds the P-Q set points of the storage systems [125]. These are digitally converted into the reference values for the DC-AC converter and sent to the control board that drives the system. In Fig. 16, the block with light blue background illustrates a current control scheme based on the $dq$ frame for the storage system [126]. Additionally, the EMS is responsible for scheduling BESS operation and, when multiple BESSs are present, for coordinating the different storage units. Each BESS unit may be equipped by an independent EMS, managing the storage system based on local measurements, as depicted in Fig. 17(a), alternatively, there may be a supervisory unit managing a portion of the grid, Fig. 17(b), or the full network Fig. 17(c), or each unit equipped with a decision making algorithm able to communicate with the neighbouring units Fig. 17(d). These management strategies may be classified as Local, Decentralized, Centralized, and Distributed control [71].

The main challenges when designing a control system for battery storage systems consist of the communication infrastructure, developing the decision-making algorithm, and managing the uncertainties in the data and the errors in the forecasts. The communication infrastructure can be costly, especially in geographically vast grids. Moreover, for an
effective control strategy, the requirements in terms of reliability, latency, and data rate might be stringent.

In Table 5, a summary of some selected papers that study the BESSs’ optimal control and operation is presented. What it is possible to notice at first sight from the table is that most studies consider the DSO as controlling agent of the storage units. Mostly, the articles focus is on mitigating the impact of PVs, and the approach developed is tailored for DSOs [127]–[131] or to be applied locally by the single devices [131]–[134]. However, regarding the control strategy, there is not a solution that emerges as the most common. Photovoltaic panels are generally considered in the network, and so BESS are often studied for reducing the overvoltages created by the PV generators. The studies presented in Table 5 are related to both medium and low voltage distribution grids. Despite sharing similar problems, the two voltage levels have different degrees of monitoring and automation. These peculiarities need to be considered when designing the control system of storage devices in order to optimally exploit the already available resources and to minimize the extra costs for the integration of new systems.

The most frequently considered ESS technologies are Li-ion [132]–[135] or lead-acid [127], [137], [138], besides, electrical models are also widely used [129], [131]–[133], [135]. The common adoption of electrical models shows a difference from what is found in the analysis of the planning stage studies of Table 4, where simpler solutions are preferred. In [121] the energy storage planning and scheduling optimization routine is run both using an accurate BESS description, through an equivalent electrical circuit, and neglecting the accurate model for the storage system. The study shows that when the accurate model is neglected the BESS lifetime is negatively influenced by a non-optimal BESS scheduling. This article shows the importance of an accurate BESS description in the operation optimization for extending the storage lifetime.

Regarding the data available for the decision algorithm, it is possible to see that in most of the analyzed cases, the control algorithm relies on local electrical measurements. Moreover, some studies consider also weather conditions [130]. Articles [139], [140] consider a fully monitored network for coordinated or centralized control. However, this might be not cost-effective or easy to realize, especially at the LV level, due to the high number of LV networks and their low degree of automation and monitoring devices. In other studies, a limited amount of network measurements are fed to a state estimator [129], [135]. The second solution, although more computationally expensive and complex to design, offers a solution more compatible with the state of the art of distribution grids. Another interesting insight coming from the literature is that when distributed control is applied the different units share their State of Charge to properly share the required regulating power [134].

As previously discussed, the EMS is responsible for the scheduling of the storage systems. Energy market data, RES plant production and grid parameters, such as node voltage and branch current, are only partly predictable. In this context, the scheduling algorithm, based on available data, historical data and forecasts, is in charge of defining the BESS operation for a fixed horizon. However, real time data and more accurate forecasts can be obtained during operation and this
<table>
<thead>
<tr>
<th>Main service</th>
<th>Extra services</th>
<th>Voltage control</th>
<th>Frequency control</th>
<th>Optimal Day Ahead bidding</th>
<th>Power quality</th>
<th>Minimizing energy balancing</th>
<th>Active power dispatch</th>
<th>Reference</th>
</tr>
</thead>
<tbody>
<tr>
<td>Controller</td>
<td>DSO</td>
<td>Local voltage and frequency control</td>
<td>DSO</td>
<td>DSO</td>
<td>DSO</td>
<td>DSO</td>
<td>DSO</td>
<td>[14]</td>
</tr>
<tr>
<td>ESS control</td>
<td>Inverter based</td>
<td>Voltage and frequency control</td>
<td>Local voltage and frequency control</td>
<td>Local voltage and frequency control</td>
<td>Local voltage and frequency control</td>
<td>Local voltage and frequency control</td>
<td>Local voltage and frequency control</td>
<td>[13]</td>
</tr>
<tr>
<td>ESS technology</td>
<td>Non-coordinated</td>
<td>Non-coordinated</td>
<td>Non-coordinated</td>
<td>Non-coordinated</td>
<td>Non-coordinated</td>
<td>Non-coordinated</td>
<td>Non-coordinated</td>
<td>[13]</td>
</tr>
<tr>
<td>VES included</td>
<td>PV</td>
<td>PV</td>
<td>PV</td>
<td>PV</td>
<td>PV</td>
<td>PV</td>
<td>PV</td>
<td>[13]</td>
</tr>
</tbody>
</table>
might change the optimal storage scheduling. Model Predictive Control is a well established technique used for dealing with uncertainties and forecasts in multi period optimization and it has also been applied for the scheduling of energy storage systems operations [130], [135], [141], [142].

For future research, it is worth to properly take into account robustness against uncertainty and forecasts errors, e.g., through Model Predictive Control. Especially when centralized control strategies are adopted, a state estimation algorithm might be necessary to create an accurate overview of the network. As expected local control offers the poorest performances; however, in particular situations, it may be an appropriate solution. Distributed or coordinated control is the trade-off that allows higher flexibility to distributed storage systems and might be the most efficient solution for future applications. Future research should aim at developing control strategies that fulfill the targeted objective, but at the same time, take into account the reality of distribution networks and of the communication infrastructure.

VI. ENERGY STORAGE SYSTEMS INSTALLATIONS

Energy storage systems are usually designed and commercialized by an Energy Storage Systems Integrator (ESSI). ESSIs buy or internally manufacture the battery packs, the power conditioning system, the auxiliary system, and the controlling software. These are then assembled inside the containers. They offer modular BESS solutions, in terms of power and energy ratings, ranging from hundreds of kW to few MW. An example of the final ESS product is displayed in Fig. 18. ESSIs play a crucial role in the proliferation of energy storage systems, striving for an optimized product and seeking for new applications and use cases. Navigant Research, a market research and advisory firm in the field of the energy industry, identifies Fluence, Nidec ASI, Tesla, RES, Powin Energy, Greensmith, LG CNS, NEC Energy Solutions, NextEra Energy Resources, and Doosan GridTech as main players in the utility scale ESSI market [145], [146]. Other Energy Storage Systems Integrators are, for instance, ABB, Alfen, General Electric, and Schneider Electric. Concerning the battery cell manufacturing, some of the main players in the market today are, for lithium-ion based technologies: A123Systems, CATL, Electrovaya, Fiamm, Johnson Control, LG, Panasonic, Saft, Samsung, and Toshiba; for Flow Batteries: CellCube, Primus Power, Rongke Power, UniEnery Technologies, and Vionx Energy; and for Sodium Sulfur batteries NGK Insulators.

Regarding BESS installations and pilot projects, the database on energy storage installations maintained by National Technology & Engineering Sciences of Sandia, LLC (NTESS), operator of Sandia National Laboratories for the U.S. Department of Energy/National Nuclear Security Administration [144], contains information, such as power and energy rating, location, applications, owner, storage technology, and status, of installations located worldwide. To adhere to the review’s focus, only the active installations, with sufficient information, adopting electrochemical technology and power rating less or equal to 5 MW are considered. At the time of consultation, this resulted in a set of 466 projects. The selected projects are analyzed to extract the services performed by the storage and the electrochemical technology, the two pie charts of Fig. 19 display this. What stands out from Fig. 19(a) is the fact that there is not a single use case that predominates the BESS application. Additionally, six services, electric bill management, energy time shifting, frequency regulation, microgrid capability, renewable generation shifting, and renewable capacity firming, are the most frequent BESS use cases. On the other hand, Fig. 19(b) clearly shows how lithium-ion technologies are by far the most common solution. Fig. 20 shows that BESS are often deployed as multifunctional and that they are mostly involved in both commercial and technical services, in line with what was discussed in Section III.

Besides general information regarding battery based storage projects, a closer look in a specific project where BESS were tested for frequency control is given. In this context, TenneT B.V., Dutch TSO, conducted a pilot project regarding the provision of Frequency Containment Reserves (FCR) through aggregators of different sources, including energy storage [147]. During the pilot, several aggregated pools have been tested for the provision of FCR in the Dutch market. Between the several aggregator pools also lead-acid and lithium-ion batteries have been tested. The minimum bid size was reduced from 1 MW to 100 kW, and the participants were required to submit their bids each week for the following week. Batteries’ performance has shown to be strongly dependent on the battery management system, on the other hand, the energy limitation of the energy storage did not hamper the FCR provision. The main result of the pilot shows that all assets were technically able to provide FCR and that the main difficulties were related to the frequency measurement and the communication infrastructure between the TSO and the aggregators. It is shown that TSO’s requirements in terms of minimum power step might be challenging for BESSs. The reduction of the bidding period and the measuring requirements have been identified as main points for easing aggregators’ participation in the FCR market.

FIGURE 18. Example of a Li-ion based battery energy storage system rated up to 3.1 MW/MWh [143].
VII. CONCLUSION

This paper has focused on the different aspects of the integration of energy storage systems in distribution networks. It has been shown that the storage system has the potential to strengthen and improve the electrical grid in several aspects. Nevertheless, energy storage systems are struggling to achieve mass deployment. From the review of the literature, some key challenges that demand further investigation, so that both technical and economic performances of battery storage systems can be enhanced, have been highlighted.

- **DC-AC energy storage converter design considering more advanced circuit technologies and BESS functionality.** The literature related to the converter design shows that Two Level VSCs, mostly adopted in commercial products, could be outperformed by Three Level and modular converters, in terms of efficiency, reliability, power density and costs. Nonetheless, three level and multilevel topologies have been widely studied for other applications, it has not been shown how the adoption of a more performing converter topology influences the storage system technical performances and its cost of ownership. Furthermore, it is found that few studies rightly consider the peculiarity of electrochemical storage and the difference in the operating conditions according to the grid application for the DC-AC converter design.

- **Study the provision of multiple grid services from the technical and regulatory point of view.** The high initial investment and the unclear revenue streams are the main barriers for the BESS deployment. In this respect, it is found that the combination of various services can enhance BESS profitability. This is confirmed by the analysis of Section VI, where it is pointed out that the majority of running installations perform multiple services and often target both technical, e.g., voltage regulation, network upgrade deferral, microgrid capabilities, and black start, and market related activities, such as energy arbitrage, frequency regulation, and demand response. Nonetheless, these can lead to contrasting technical and regulatory requirements. Further research is then necessary on how to optimally integrate the provision of multiple services from the same storage unit.

- **Accurate and computationally performing battery models.** Studies have proved that a too simplified battery model can lead to excessive capacity fading due to non-optimal scheduling. The usage of detailed models comes at the price of computational performances. Further research should then be focused on developing models that precisely describe the battery performance and lifetime, but at the same time do not overly rise the computational time. In this way, these may be applied not
only for the short term scheduling but also for network planning.

REFERENCES


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