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DOI

[10.1007/s10955-019-02238-y](https://doi.org/10.1007/s10955-019-02238-y)

Publication date

2019

Document Version

Final published version

Published in

Journal of Statistical Physics

Citation (APA)

van Enter, A. C. D., Kimura, B., Ruszel, W., & Spitoni, C. (2019). Nucleation for One-Dimensional Long-Range Ising Models. *Journal of Statistical Physics*, 174(6), 1327-1345. <https://doi.org/10.1007/s10955-019-02238-y>

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Nucleation for One-Dimensional Long-Range Ising Models

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Received: 6 September 2018 / Accepted: 23 January 2019
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Abstract

In this note we study metastability phenomena for a class of long-range Ising models in one-dimension. We prove that, under suitable general conditions, the configuration -1 is the only metastable state and we estimate the mean exit time. Moreover, we illustrate the theory with two examples (exponentially and polynomially decaying interaction) and we show that the critical droplet might be *macroscopic* or *mesoscopic*, according to the value of the external magnetic field.

Keywords Metastability · Long-range Ising model · Nucleation

1 Introduction

Metastability is a dynamical phenomenon observed in many different contexts, such as physics, chemistry, biology, climatology, economics. Despite the variety of scientific areas, the common feature of all these situations is the existence of multiple, well-separated *time scales*. On short time scales the system is in a quasi-equilibrium within a single region, while on long time scales it undergoes rapid transitions between quasi-equilibria in different regions. A rigorous description of metastability in the setting of stochastic dynamics is relatively recent, dating back to the pioneering paper [9], and has experienced substantial

Communicated by Alessandro Giuliani.

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progress in the last decades. See [1,4,5,27,28] for reviews and for a list of the most important papers on this subject.

One of the big challenges in rigorous study of metastability is understanding the dependence of the metastable behaviour and of the nucleation process of the stable phase on the dynamics. The nucleation process of the critical droplet, i.e. the configuration triggering the crossover, has been indeed studied in different dynamical regimes: sequential [6,13] vs. parallel dynamics [2,11,14]; non-conservative [6,13] vs. conservative dynamics [19–21]; finite [7] vs. infinite volumes [8]; competition [15,16,23,29] vs. non-competition of metastable phases [12,17]. All previous studies assumed that the microscopic interaction is of short-range type.

The present paper pushes further this investigation, studying the dependence of the metastability scenario on the *range* of the interaction of the model. Long-range Ising models in low dimensions are known to behave like higher-dimensional short-range models. For instance in [10,22] (and later generalized by [3,24]) it was shown that long-range Ising models undergo a phase transition already in one dimension, and this transition persists in fast enough decaying fields. Furthermore, Dobrushin interfaces are rigid already in two dimensions for anisotropic long-range Ising models, see [18].

We consider the question: does indeed a *long-range* interaction change substantially the nucleation process? Are we able to define in this framework a critical configuration triggering the crossover towards the stable phase? In [26] the author already considered the *Dyson-like* long-range models, i.e. the one-dimensional lattice model of Ising spins with interaction decaying with a power α , in a external magnetic field. Despite the long-range potential, the author showed, by *instanton* arguments, that the system has a finite-sized critical droplet.

In this manuscript we want to make rigorous this claim for a general long-range interaction, showing as well that the long-range interaction completely changes the metastability scenario: in the short-range one-dimensional Ising model a droplet of size one, already nucleates the stable phase. We show instead that for a given external field h , and pair long-range potential $J(n)$, we can define a nucleation droplet which gets larger for smaller h . For $d = 1$ finite-range interactions, inserting a minus interval of size ℓ in the plus phase costs a finite energy, which is uniform in the length of the interval, the same is almost true for a fast decaying interaction, as there is a uniform bound on the energy an interval costs. Thus, for low temperature, there is a diverging timescale and we will talk also in this case (maybe by abuse of terminology) of metastability. The spatial scale of a nucleating interval, however, defined as an interval which lowers its energy when growing, is finite for finite-range interactions, but diverges as $h \rightarrow 0$ for infinite-range. The Dyson model has energy and spatial scale of the nucleating droplet diverging as h goes to zero. We will show that, depending on the value of h , the critical droplet can be *macroscopic* or *mesoscopic*. Roughly speaking, an interval of minuses of length ℓ which grows to $\ell + 1$ gains energy $2h$, but loses $E_\ell = \sum_{n=\ell}^{\infty} J(n)$. E_ℓ converges to zero as $\ell \rightarrow \infty$, but the smaller h is, the larger the size of the critical droplet. Moreover, by taking h volume-dependent, going to zero with N as $N^{-\delta}$, one can make the nucleation interval mesoscopic (e.g. $O(N^\delta)$, with $\delta \in (0, 1)$) or macroscopic (i.e. $O(N)$).

The paper is organised as follows. In Sect. 2 we describe the lattice model and we give the main definitions; in Sect. 3 the main results of the paper are stated, while in Sects. 4 and 5 the proofs of the model-dependent results are given.

2 The Model and Main Definitions

Let Λ be a finite interval of \mathbb{Z} , and let us denote by h a positive external field. Given a configuration σ in $\Omega_\Lambda = \{-1, 1\}^\Lambda$, we define the *Hamiltonian* with free boundary condition by

$$H_{\Lambda,h}(\sigma) = - \sum_{\{i,j\} \subseteq \Lambda} J(|i-j|)\sigma_i\sigma_j - \sum_{i \in \Lambda} h\sigma_i, \tag{2.1}$$

where $J : \mathbb{N} \rightarrow \mathbb{R}$, the *pair interaction*, is assumed to be positive and decreasing. The interactions that we want to include in the present analysis are of *long-range type*, for instance,

1. exponential decay: $J(|i-j|) = J \cdot \lambda^{-|i-j|}$ with constants $J > 0$ and $\lambda > 1$;
2. polynomial decay: $J(|i-j|) = J \cdot |i-j|^{-\alpha}$, where $\alpha > 0$ is a parameter.

The *finite-volume Gibbs measure* will be denoted by

$$\mu_\Lambda(\sigma) = \frac{1}{Z_\Lambda} \exp(-\beta H_{\Lambda,h}(\sigma)), \tag{2.2}$$

where $\beta > 0$ is proportional to the inverse temperature and Z_Λ is a normalizing constant. The set of *ground states* \mathcal{X}^s is defined as $\mathcal{X}^s := \operatorname{argmin}_{\sigma \in \Omega_\Lambda} H_{\Lambda,h}(\sigma)$. Note that for the class of interactions considered $\mathcal{X}^s = \{+\mathbf{1}\}$, where $+\mathbf{1}$ stands for the configuration with all spins equal to $+1$.

Given an integer $k \in \{0, \dots, \#\Lambda\}$, we consider $\mathcal{M}_k := \{\sigma \in \Omega_\Lambda : \#\{i : \sigma_i = 1\} = k\}$ consisting of configurations in Ω_Λ with k positive spins, and we define the configurations $L^{(k)}$ and $R^{(k)}$ as follows. Let

$$L_i^{(k)} = \begin{cases} +1 & \text{if } 1 \leq i \leq k, \text{ and} \\ -1 & \text{otherwise,} \end{cases} \tag{2.3}$$

and

$$R_i^{(k)} = \begin{cases} -1 & \text{if } 1 \leq i \leq \#\Lambda - k, \text{ and} \\ +1 & \text{otherwise,} \end{cases} \tag{2.4}$$

i.e., the configurations respectively with k positive spins on *left* side of the interval and on the *right* one. We will show that $L^{(k)}$ and $R^{(k)}$ are the minimizers of the energy function $H_{\Lambda,h}$ on \mathcal{M}_k (see Proposition 4.1). Let us denote by $\mathcal{P}^{(k)}$ the set $\mathcal{P}^{(k)} := \{L^{(k)}, R^{(k)}\}$ consisting of the minimizers of the energy on \mathcal{M}_k . With abuse of notation we will indicate with $H_{\Lambda,h}(\mathcal{P}^{(k)})$ the energy of the elements of the set, that is, $H_{\Lambda,h}(\mathcal{P}^{(k)}) := H_{\Lambda,h}(L^{(k)}) = H_{\Lambda,h}(R^{(k)})$.

We choose the evolution of the system to be described by a discrete-time Markov chain $X = (X(t))_{t \geq 0}$, in particular, we consider the discrete-time serial Glauber dynamics given by the Metropolis weights, i.e., the transition matrix of such dynamics is given by

$$p(\sigma, \eta) := c(\sigma, \eta)e^{-\beta[H_{\Lambda,h}(\eta) - H_{\Lambda,h}(\sigma)]_+},$$

where $[\cdot]_+$ denotes the positive part, and $c(\cdot, \cdot)$ is its connectivity matrix that is equal to $1/|\Lambda|$ in case the two configurations σ and η coincide up to the value of a single spin, and zero otherwise. Notice that such dynamics is reversible with respect to the Gibbs measure defined in (2.2). Let us define the *hitting time* τ_η^σ of a configuration η of the chain X started at σ as

$$\tau_\eta^\sigma := \inf\{t > 0 : X(t) = \eta\}. \tag{2.5}$$

For any positive integer n , a sequence $\gamma = (\sigma^{(1)}, \dots, \sigma^{(n)})$ such that $\sigma^{(i)} \in \Omega_\Lambda$ and $c(\sigma^{(i)}, \sigma^{(i+1)}) > 0$ for all $i = 1, \dots, n - 1$ is called a *path* joining $\sigma^{(1)}$ to $\sigma^{(n)}$; we also say that n is the length of the path. For any path γ of length n , we let

$$\Phi_\gamma := \max_{i=1, \dots, n} H_{\Lambda, h}(\sigma^{(i)}) \tag{2.6}$$

be the *height* of the path. We also define the *communication height* between σ and η by

$$\Phi(\sigma, \eta) := \min_{\gamma \in \Omega(\sigma, \eta)} \Phi_\gamma, \tag{2.7}$$

where the minimum is restricted to the set $\Omega(\sigma, \eta)$ of all paths joining σ to η . By reversibility, it easily follows that

$$\Phi(\sigma, \eta) = \Phi(\eta, \sigma) \tag{2.8}$$

for all $\sigma, \eta \in \Omega_\Lambda$. We extend the previous definition for sets $\mathcal{A}, \mathcal{B} \subseteq \Omega_\Lambda$ by letting

$$\Phi(\mathcal{A}, \mathcal{B}) := \min_{\gamma \in \Omega(\mathcal{A}, \mathcal{B})} \Phi_\gamma = \min_{\sigma \in \mathcal{A}, \eta \in \mathcal{B}} \Phi(\sigma, \eta), \tag{2.9}$$

where $\Omega(\mathcal{A}, \mathcal{B})$ denotes the set of paths joining a state in \mathcal{A} to a state in \mathcal{B} . The *communication cost* of passing from σ to η is given by the quantity $\Phi(\sigma, \eta) - H_{\Lambda, h}(\sigma)$. Moreover, if we define \mathcal{I}_σ as the set of all states η in Ω_Λ such that $H_{\Lambda, h}(\eta) < H_{\Lambda, h}(\sigma)$, then the *stability level* of any $\sigma \in \Omega_\Lambda \setminus \mathcal{I}^s$ is given by

$$V_\sigma := \Phi(\sigma, \mathcal{I}_\sigma) - H_{\Lambda, h}(\sigma) \geq 0. \tag{2.10}$$

Following [25], we now introduce the notion of *maximal stability level*. Assuming that $\Omega_\Lambda \setminus \mathcal{I}^s \neq \emptyset$, we let the *maximal stability level* be

$$\Gamma_m := \sup_{\sigma \in \Omega_\Lambda \setminus \mathcal{I}^s} V_\sigma. \tag{2.11}$$

We give the following definition.

Definition 2.1 We call metastable set \mathcal{I}^m , the set

$$\mathcal{I}^m := \{\sigma \in \Omega_\Lambda \setminus \mathcal{I}^s : V_\sigma = \Gamma_m\}. \tag{2.12}$$

Following [25], we shall call \mathcal{I}^m the set of *metastable* states of the system and refer to each of its elements as *metastable*. We denote by Γ the quantity

$$\Gamma := \max_{k=0, \dots, \#\Lambda} H_{\Lambda, h}(\mathcal{I}^{(k)}) - H_{\Lambda, h}(-\mathbf{1}). \tag{2.13}$$

We will show in Corollary 3.1 that under certain assumptions $\Gamma = \Gamma_m$.

3 Main Results

3.1 Mean Exit Time

In this section we will study the first hitting time of the configuration $+\mathbf{1}$ when the system is prepared in $-\mathbf{1}$, in the limit $\beta \rightarrow \infty$. We will restrict our analysis to the cases given by the following condition.

Condition 3.1 Let N be an integer such that $N \geq 2$. We consider $\Lambda = \{1, \dots, N\}$ and h such that

$$0 < h < \sum_{n=1}^{N-1} J(n). \tag{3.1}$$

By using the general theory developed in [25], we need first to solve two *model-dependent* problems: the calculation of the *minimax* between -1 and $+1$ (item 1 of Theorem 3.1) and the proof of a *recurrence* property in the energy landscape (item 3 of Theorem 3.1).

Theorem 3.1 Assume that Condition 3.1 is satisfied. Then, we have

1. $\Phi(-1, +1) = \Gamma + H_{\Lambda, h}(-1)$,
2. $V_{-1} = \Gamma > 0$, and
3. $V_{\sigma} < \Gamma$ for any $\sigma \in \Omega_{\Lambda} \setminus \{-1, +1\}$.

As a corollary we have that -1 is the only metastable state for this model.

Corollary 3.1 Assume that Condition 3.1 is satisfied. It follows that

$$\Gamma = \Gamma_m, \tag{3.2}$$

and

$$\mathcal{X}^m = \{-1\}. \tag{3.3}$$

Therefore, the asymptotic behaviour of the exit time for the system started at the metastable states is given by the following theorem.

Theorem 3.2 Assume that Condition 3.1 is satisfied. It follows that

1. for any $\epsilon > 0$

$$\lim_{\beta \rightarrow \infty} \mathbb{P} \left(e^{\beta(\Gamma - \epsilon)} < \tau_{+1}^{-1} < e^{\beta(\Gamma + \epsilon)} \right) = 1,$$

2. the limit

$$\lim_{\beta \rightarrow \infty} \frac{1}{\beta} \log \left(\mathbb{E} \left(\tau_{+1}^{-1} \right) \right) = \Gamma$$

holds.

Once the model-dependent results in Theorem 3.1 have been proven, the proof of Theorem 3.2 easily follows from the general theory present in [25]: item 1 follows from Theorem 4.1 in [25] and item 2 from Theorem 4.9 in [25].

3.2 Nucleation of the Metastable Phase

We are going to show that for small enough external magnetic field, the size of the critical droplet is a macroscopic fraction of the system, while for h sufficiently large, the critical configuration will be a mesoscopic fraction of the system.

Let us define $L := \lfloor \frac{N}{2} \rfloor$, and let $h_k^{(N)}$ be

$$h_k^{(N)} := \sum_{n=1}^{N-k-1} J(n) - \sum_{n=1}^k J(n) \tag{3.4}$$

for each $k = 0, \dots, L - 1$. One can easily verify that

$$0 < h_{L-1}^{(N)} < \dots < h_1^{(N)} < h_0^{(N)} = \sum_{n=1}^{N-1} J(n) \tag{3.5}$$

Proposition 3.1 *Under the assumption that Condition (3.1) is satisfied, one of the following conditions holds.*

1. Case $h < h_{L-1}^{(N)}$, we have

$$H_{\Lambda,h}(\mathcal{P}^{(L)}) > \max_{\substack{0 \leq k \leq N \\ k \neq L}} H_{\Lambda,h}(\mathcal{P}^{(k)}).$$

2. Case $h_k^{(N)} < h < h_{k-1}^{(N)}$ for some $k \in \{1, \dots, L - 1\}$, we have

$$H_{\Lambda,h}(\mathcal{P}^{(k)}) > \max_{\substack{0 \leq i \leq N \\ i \neq k}} H_{\Lambda,h}(\mathcal{P}^{(i)}).$$

3. Case $h = h_k^{(N)}$ for some $k \in \{1, \dots, L - 1\}$, we have

$$H_{\Lambda,h}(\mathcal{P}^{(k)}) = H_{\Lambda,h}(\mathcal{P}^{(k+1)}) > \max_{\substack{0 \leq i \leq N \\ i \neq k, i \neq k+1}} H_{\Lambda,h}(\mathcal{P}^{(i)}).$$

The first case of Proposition 3.1 describes the less interesting and, in a way, artificial, situation of very low external magnetic fields: in this regime the *bulk* term is negligible so that the energy of the droplet increases until the positive spins are the majority (i.e. $k = L$, see Fig. 3). Therefore, the second case contains the most interesting situation, where there is an interplay between the bulk and the *surface* term. The following Corollary is a consequence of Proposition 3.1 when N is large enough and gives a characterisation of the critical size k_c of the critical droplet.

Corollary 3.2 *If we assume that $\sum_{n=1}^{\infty} J(n)$ converges and*

$$0 < h < \sum_{n=1}^{\infty} J(n), \tag{3.6}$$

then the size of the critical droplet will be given by

$$k_c = \min \left\{ k \in \mathbb{N} : \sum_{n=k+1}^{\infty} J(n) \leq h \right\} \tag{3.7}$$

whenever N is sufficiently large.

As a consequence of Corollary 3.2, the set of *critical configurations* \mathcal{P}_c is given by

$$\mathcal{P}_c := \{L^{(k_c)}, R^{(k_c)}\} \tag{3.8}$$

for N large enough. The following result shows the reason why configurations in \mathcal{P}_c are referred to as *critical configurations*: they indeed trigger the transition towards the stable phase.

Lemma 3.1 *Under the conditions stated above, we have*

1. *any path $\gamma \in \Omega(-\mathbf{1}, +\mathbf{1})$ such that $\Phi_\gamma - H_{\Lambda,h}(-\mathbf{1}) = \Gamma$ visits \mathcal{P}_c , and*

2. *the limit*

$$\lim_{\beta \rightarrow \infty} \mathbb{P}(\tau_{\mathcal{P}_c}^{-1} < \tau_{+1}^{-1}) = 1$$

holds.

The proof of the previous Theorem is a straightforward consequence of Theorem 5.4 in [25].

3.3 Examples

Let us give two interesting examples of the general theory so far developed.

3.3.1 Example 1: Exponentially Decaying Coupling

We consider

$$J(n) = \frac{J}{\lambda^{n-1}},$$

where J and λ are positive real numbers with $\lambda > 1$.

Proposition 3.2 *Under the same hypotheses as Corollary 3.2, we have that the critical droplet length k_c is equal to*

$$k_c = \left\lceil \log_{\lambda} \left(\frac{J}{h(1 - \lambda^{-1})} \right) \right\rceil \tag{3.9}$$

whenever N is sufficiently large.

Proof By Corollary 3.2, we have

$$J \sum_{n=k_c+1}^{\infty} \lambda^{-(n-1)} \leq h < J \sum_{n=k_c}^{\infty} \lambda^{-(n-1)}$$

that implies

$$\frac{\lambda^{-k_c}}{1 - \lambda^{-1}} \leq \frac{h}{J} < \frac{\lambda^{-(k_c-1)}}{1 - \lambda^{-1}}$$

Thus

$$k_c - 1 < -\frac{\log \left(\frac{h(1-\lambda^{-1})}{J} \right)}{\log \lambda} \leq k_c. \tag{3.10}$$

□

As a remark we notice that in case of exponential decay of the interaction, the system behaves essentially as the nearest-neighbours one-dimensional Ising model. Note that

$$\lim_{\lambda \rightarrow \infty} J(n) = \begin{cases} J & \text{if } n = 1, \text{ and} \\ 0 & \text{otherwise;} \end{cases} \tag{3.11}$$

moreover, if $h < J = \lim_{\lambda \rightarrow \infty} \sum_{n=1}^{\infty} J(n)$, then $k_c = 1$ whenever λ is large enough. So, we conclude that typically a single plus spin in the lattice will trigger the nucleation of the stable phase. As we can see in Fig. 1 the energy excitations $H_{\Lambda,h}(\mathcal{P}^{(k)}) - H_{\Lambda,h}(-\mathbf{1})$ are strictly decreasing in k , as expected.

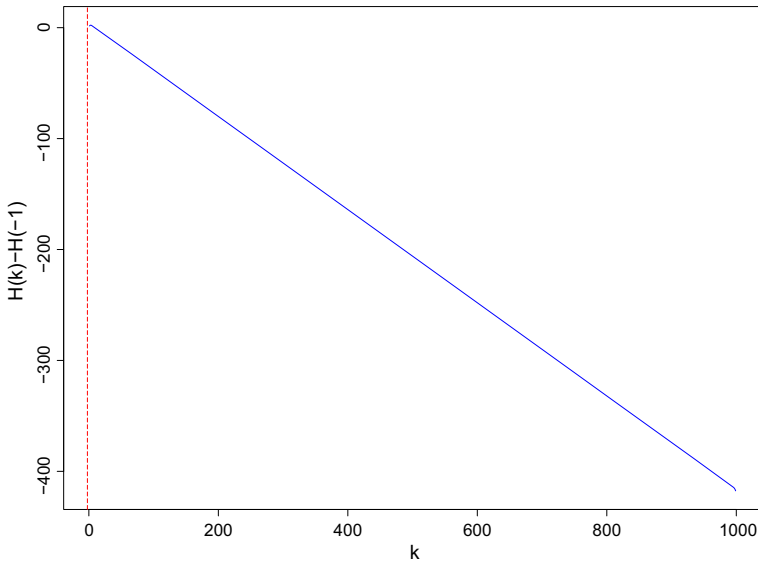


Fig. 1 The blue curve gives the excitation energy $H_{\Lambda,h}(\mathcal{P}^{(k)}) - H_{\Lambda,h}(-\mathbf{1})$ for $N = 1000$, $\lambda = 2$, $h = 0.21$, $J = 1$; red line is the critical droplet (Color figure online)

3.3.2 Example 2: Polynomially Decaying Coupling

Let the coupling constants be given by

$$J(n) = J \cdot n^{-\alpha},$$

where J and α are positive real numbers with $\alpha > 1$. As it is shown in Figs. 2 and 3, for the polynomially decaying coupling model, we have that, for h small enough the critical droplet is essentially the half interval, while for large enough magnetic external magnetic field, the critical droplet is the configuration with k_c plus spins at the sides, with $k_c \approx \left(\frac{J}{h(\alpha-1)}\right)^{\frac{1}{\alpha-1}}$.

We can prove indeed the following proposition.

Proposition 3.3 *Under the same hypotheses as Corollary 3.2, we have that k_c satisfies*

$$\left|k_c - \left(\frac{J}{h(\alpha-1)}\right)^{\frac{1}{\alpha-1}}\right| < 1 \tag{3.12}$$

whenever N is large enough.

Proof By Corollary 3.2, it follows that

$$J \sum_{n=k_c+1}^{\infty} n^{-\alpha} \leq h < J \sum_{n=k_c}^{\infty} n^{-\alpha}.$$

Moreover, note that

$$\int_{k_c+1}^{\infty} \frac{1}{x^\alpha} dx < \sum_{n=k_c+1}^{\infty} n^{-\alpha}$$

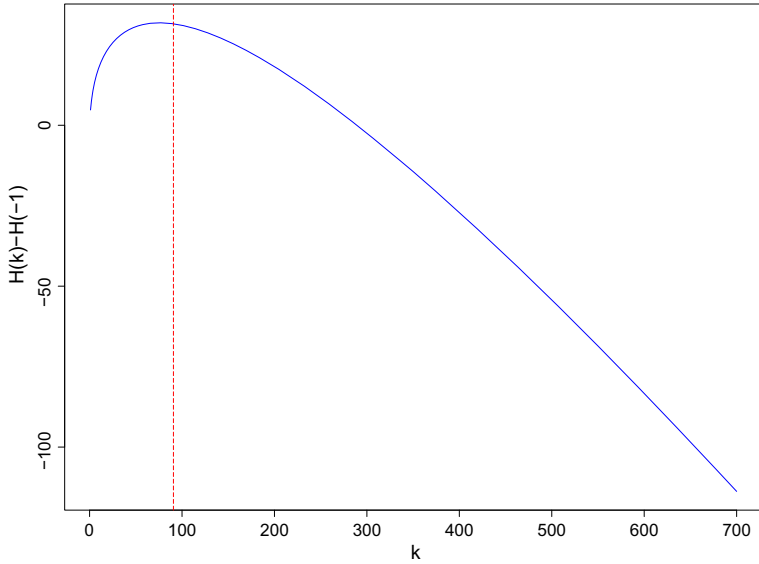


Fig. 2 The blue curve gives the excitation energy $H_{\Lambda,h}(\mathcal{P}^{(k)}) - H_{\Lambda,h}(-\mathbf{1})$ for $N = 10000$, $\alpha = 3/2$, $h = 0.21$, $J = 1$; the red line represents the critical length $k_c \approx 91$ (Color figure online)

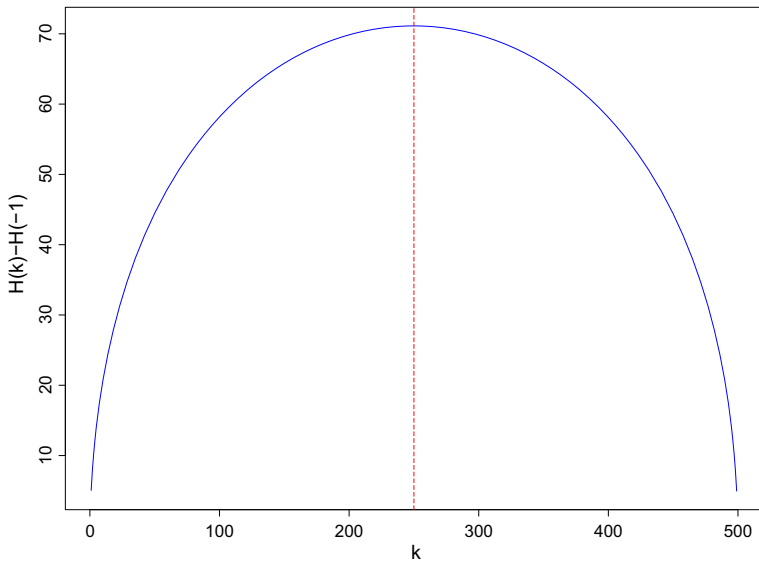


Fig. 3 The blue curve gives the excitation energy $H_{\Lambda,h}(\mathcal{P}^{(k)}) - H_{\Lambda,h}(-\mathbf{1})$ for $N = 500$, $\alpha = 3/2$, $h = 0.0001$, $J = 1$; the red line represents the critical length $k_c = 250$ (Color figure online)

and

$$\sum_{n=k_c}^{\infty} n^{-\alpha} < \int_{k_c-1}^{\infty} \frac{1}{x^\alpha} dx$$

so that

$$\frac{(k_c + 1)^{1-\alpha}}{\alpha - 1} < \frac{h}{J} < \frac{(k_c - 1)^{1-\alpha}}{\alpha - 1}.$$

Hence,

$$(k_c - 1)^{\alpha-1} < \frac{J}{h(\alpha - 1)} < (k_c + 1)^{\alpha-1}. \tag{3.13}$$

□

4 Proof Theorem 3.1

We start the proof of the main theorem giving some general results about the control of the energy of a general configuration. First of all we note that Eq. (2.1) can be written as

$$\begin{aligned} H_{\Lambda,h}(\sigma) &= -\frac{1}{2} \sum_{i \in \Lambda} \sum_{j \in \Lambda} J(|i - j|) \sigma_i \sigma_j - h \sum_{i \in \Lambda} \sigma_i \\ &= \sum_{i \in \Lambda} \sum_{j \in \Lambda} J(|i - j|) \left(\frac{1 - \sigma_i \sigma_j}{2} \right) - h \sum_{i \in \Lambda} \sigma_i - \frac{1}{2} \sum_{i \in \Lambda} \sum_{j \in \Lambda} J(|i - j|) \\ &= \sum_{i \in \Lambda} \sum_{j \in \Lambda} J(|i - j|) \mathbb{1}_{\{\sigma_i \neq \sigma_j\}} - h \sum_{i \in \Lambda} \sigma_i - \frac{1}{2} \sum_{i \in \Lambda} \sum_{j \in \Lambda} J(|i - j|). \end{aligned}$$

Moreover, given an integer $k \in \{0, \dots, N\}$, if $\sigma \in \mathcal{M}_k$, then

$$H_{\Lambda,h}(\sigma) = \sum_{i \in \Lambda} \sum_{j \in \Lambda} J(|i - j|) \mathbb{1}_{\{\sigma_i \neq \sigma_j\}} + h(N - 2k) - \frac{1}{2} \sum_{i \in \Lambda} \sum_{j \in \Lambda} J(|i - j|). \tag{4.1}$$

Therefore, restricting ourselves to configurations that contain only k spins with the value 1, in order to find such configurations with minimal energy, it is sufficient to minimize the first term of the right-hand side of Eq. (4.1).

Proposition 4.1 *Let N be a positive integer and $k \in \{0, \dots, N\}$, if we restrict to all $\sigma \in \mathcal{M}_k$, then*

$$\sum_{i=1}^N \sum_{j=1}^N J(|i - j|) \mathbb{1}_{\{\sigma_i \neq \sigma_j\}} \geq 2 \sum_{i=1}^k \sum_{j=k+1}^N J(|i - j|). \tag{4.2}$$

Under this restriction, the equality in the equation above holds if and only if $\sigma = L^{(k)}$ or $\sigma = R^{(k)}$.

Proof Let us prove the result by induction. Let \mathcal{H}_N be defined by

$$\mathcal{H}_N(\sigma_1, \dots, \sigma_N) = \sum_{i=1}^N \sum_{j=1}^N J(|i - j|) \mathbb{1}_{\{\sigma_i \neq \sigma_j\}} = 2 \sum_{i:\sigma_i=1} \sum_{j:\sigma_j=-1} J(|i - j|). \tag{4.3}$$

Note that the result is trivial if $N = 1$. Assuming that it holds for $N \geq 1$, let us prove that it also holds for $N + 1$. In case $\sigma_1 = 1$, applying our induction hypothesis and Lemma A.1, we have

$$\mathcal{H}_{N+1}(1, \sigma_2, \dots, \sigma_{N+1}) = 2 \sum_{j=1}^N J(j) \mathbb{1}_{\{\sigma_{j+1}=-1\}} + \mathcal{H}_N(\sigma_2, \dots, \sigma_{N+1}) \tag{4.4}$$

$$\geq 2 \sum_{j=k}^N J(j) + 2 \sum_{i=1}^{k-1} \sum_{j=k}^N J(|i - j|) \tag{4.5}$$

$$= 2 \sum_{i=1}^k \sum_{j=k+1}^{N+1} J(|i - j|). \tag{4.6}$$

Replacing the inequality sign in Eq. (4.5) by an equality, it follows that

$$\begin{aligned} 0 &\leq \mathcal{H}_N(\sigma_2, \dots, \sigma_{N+1}) - 2 \sum_{i=1}^{k-1} \sum_{j=k}^N J(|i - j|) \\ &= 2 \sum_{j=k}^N J(j) - 2 \sum_{j=1}^N J(j) \mathbb{1}_{\{\sigma_{j+1}=-1\}} \leq 0, \end{aligned} \tag{4.7}$$

hence,

$$\sum_{j=1}^{k-1} J(j) - \sum_{j=1}^N J(j) \mathbb{1}_{\{\sigma_{j+1}=1\}} = 0. \tag{4.8}$$

Using Lemma A.1 again, we conclude that $\sigma_j = 1$ whenever $1 \leq j \leq k$, and $\sigma_j = -1$ whenever $k + 1 \leq j \leq N + 1$. Now, in case $\sigma_1 = -1$, we write $\mathcal{H}_{N+1}(-1, \sigma_2, \dots, \sigma_{N+1})$ as

$$\mathcal{H}_{N+1}(-1, \sigma_2, \dots, \sigma_{N+1}) = \mathcal{H}_{N+1}(1, -\sigma_2, \dots, -\sigma_{N+1}) \tag{4.9}$$

and apply our previous result in order to obtain

$$\mathcal{H}_{N+1}(-1, \sigma_2, \dots, \sigma_{N+1}) \geq 2 \sum_{i=1}^{N+1-k} \sum_{j=N+2-k}^{N+1} J(|i - j|) = 2 \sum_{i=1}^k \sum_{j=k+1}^{N+1} J(|i - j|), \tag{4.10}$$

where the equality holds only if $\sigma_j = -1$ whenever $1 \leq j \leq N + 1 - k$, and $\sigma_j = 1$ whenever $N + 2 - k \leq j \leq N + 1$. □

As an immediate consequence of Proposition 4.1 the next results follows.

Theorem 4.1 *Given an integer $k \in \{0, \dots, N\}$, if we restrict to all $\sigma \in \mathcal{M}_k$, then*

$$H_{\Lambda, h}(\sigma) \geq 2 \sum_{i=1}^k \sum_{j=k+1}^N J(|i - j|) + h(N - 2k) - \frac{1}{2} \sum_{i=1}^N \sum_{j=1}^N J(|i - j|). \tag{4.11}$$

Under this restriction, the equality in the equation above holds if and only if $\sigma = R^{(k)}$ or $\sigma = L^{(k)}$

4.1 Proof of Theorem 3.1.1(minimax)

Proof of Theorem 3.1.1 Define $f : \{0, \dots, N\} \rightarrow \mathbb{R}$ as

$$f(k) = H_{\Delta,h}(\mathcal{P}^{(k)}). \tag{4.12}$$

It follows that

$$\begin{aligned} \Delta f(k) &= f(k+1) - f(k) \\ &= 2 \left(\sum_{i=1}^{k+1} \sum_{j=k+2}^N J(|i-j|) - \sum_{i=1}^k \sum_{j=k+1}^N J(|i-j|) - h \right) \\ &= 2 \left(\sum_{j=k+2}^N J(|k+1-j|) + \sum_{i=1}^k \sum_{j=k+2}^N J(|i-j|) - \sum_{i=1}^k \sum_{j=k+1}^N J(|i-j|) - h \right) \\ &= 2 \left(\sum_{j=k+2}^N J(|k+1-j|) - \sum_{i=1}^k J(|i-(k+1)|) - h \right) \\ &= 2 \left(\sum_{i=1}^{N-k-1} J(i) - \sum_{i=1}^k J(i) - h \right) \end{aligned}$$

holds for all k such that $0 \leq k \leq N-1$, and

$$\begin{aligned} \Delta^2 f(k) &= \Delta f(k+1) - \Delta f(k) \\ &= 2 \left(\sum_{i=1}^{N-k-2} J(i) - \sum_{i=1}^{N-k-1} J(i) - \sum_{i=1}^{k+1} J(i) + \sum_{i=1}^k J(i) \right) \\ &= -2(J(N-k-1) + J(k+1)) \end{aligned}$$

holds whenever $0 \leq k \leq N-2$.

Note that

$$\Delta f(0) = 2 \left(\sum_{i=1}^{N-1} J(i) - h \right) > 0, \tag{4.13}$$

$1 \leq \lfloor \frac{N}{2} \rfloor \leq N-1$, and

$$\Delta f \left(\left\lfloor \frac{N}{2} \right\rfloor \right) < 0. \tag{4.14}$$

It follows from $\Delta^2 f < 0$ and Eqs. (4.13) and (4.14) that f satisfies

$$f(0) < f(1) \tag{4.15}$$

and

$$f \left(\left\lfloor \frac{N}{2} \right\rfloor \right) > \dots > f(N), \tag{4.16}$$

therefore, $f(k_0) = \max_{0 \leq k \leq N} f(k)$ for some $k_0 \in \{1, \dots, \lfloor \frac{N}{2} \rfloor\}$.

Defining the path $\gamma : -1 \rightarrow +1$ by $\gamma = (L^{(0)}, L^{(1)}, \dots, L^{(N)})$, it is easy to see that

$$\Phi(-\mathbf{1}, +\mathbf{1}) = \max_{\sigma \in \mathcal{Y}} H_{\Lambda, h}(\sigma) = \max_{0 \leq k \leq N} H_{\Lambda, h}(\mathcal{P}^{(k)}) = \Gamma + H_{\Lambda, h}(-\mathbf{1}). \tag{4.17}$$

□

4.2 Proof of Theorems 3.1.2 and 3.1.3

Before giving the proof of the second point of the main theorem, we give some results about the control of the energy of a spin-flipped configuration. Given a configuration σ and $k \in \Lambda$, the *spin-flipped* configuration $\theta_k \sigma$ is defined as:

$$(\theta_k \sigma)_i = \begin{cases} -\sigma_k & \text{if } i = k, \text{ and} \\ \sigma_i & \text{otherwise.} \end{cases} \tag{4.18}$$

Note that the energetic cost to flip the spin at position k from the configuration σ is given by

$$\begin{aligned} H_{\Lambda, h}(\theta_k \sigma) - H_{\Lambda, h}(\sigma) &= \sum_{\{i, j\} \subseteq \Lambda} J(|i - j|)(\sigma_i \sigma_j - (\theta_k \sigma)_i (\theta_k \sigma)_j) + h \sum_{i \in \Lambda} (\sigma_i - (\theta_k \sigma)_i) \\ &= \left(\sum_{j \in \Lambda} J(|k - j|) 2\sigma_k \sigma_j + 2h\sigma_k \right) \\ &= 2\sigma_k \left(\sum_{j \in \Lambda} J(|k - j|) \sigma_j + h \right). \end{aligned}$$

Proposition 4.2 *Under Condition 3.1, given a configuration σ such that*

$$H_{\Lambda, h}(\theta_k \sigma) - H_{\Lambda, h}(\sigma) \geq 0 \tag{4.19}$$

for every $k \in \{1, \dots, N\}$, then either $\sigma = -\mathbf{1}$ or $\sigma = +\mathbf{1}$.

Proof Let $k \in \{1, \dots, N - 1\}$, and let σ be a configuration such that $\sigma_i = +1$ whenever $1 \leq i \leq k$ and $\sigma_{k+1} = -1$. In the following, we show that every such σ cannot satisfy property (4.19). If property (4.19) is satisfied, then

$$\begin{cases} H_{\Lambda, h}(\theta_k \sigma) - H_{\Lambda, h}(\sigma) \geq 0 \\ H_{\Lambda, h}(\theta_{k+1} \sigma) - H_{\Lambda, h}(\sigma) \geq 0 \end{cases} \tag{4.20}$$

that is,

$$\begin{cases} \sum_{i=1}^{k-1} J(|k - i|) - J(1) + \sum_{i=k+2}^N J(|k - i|) \sigma_i + h \geq 0 \\ - \left(\sum_{i=1}^k J(|k + 1 - i|) + \sum_{i=k+2}^N J(|k + 1 - i|) \sigma_i + h \right) \geq 0. \end{cases} \tag{4.21}$$

Summing both equations above, we have

$$\begin{aligned} 0 &\leq -J(k) - J(1) + \sum_{i=k+2}^N (J(i - k) - J(i - k - 1)) \sigma_i \\ &\leq -J(k) - J(1) + \sum_{i=k+2}^N (J(i - k - 1) - J(i - k)) \\ &= -J(k) - J(1) + \sum_{i=1}^{N-k-1} (J(i) - J(i + 1)) \\ &= -J(k) - J(N - k) \end{aligned}$$

that is a contradiction. Analogously, every configuration σ such that $\sigma_i = -1$ whenever $1 \leq i \leq k$ and $\sigma_{k+1} = 1$ for some $k \in \{1, \dots, N - 1\}$, property (4.19) cannot be satisfied. Therefore, we conclude that for every σ different from -1 and $+1$, property (4.19) does not hold.

The proof of the converse statement is straightforward. □

As an immediate consequence of the result above, the next result follows.

Corollary 4.1 *Under Condition 3.1, for every configuration σ different from -1 and $+1$, there is a path $\gamma = (\sigma^{(1)}, \dots, \sigma^{(n)})$, where $\sigma^{(1)} = \sigma$ and $\sigma^{(n)} \in \{-1, +1\}$, such that $H_{\Lambda,h}(\sigma^{(i+1)}) < H_{\Lambda,h}(\sigma^{(i)})$.*

We have now all the element for proving item 2 and 3 of Theorem 3.1.

Proof of Theorem 3.1.2 First, note that it follows from inequality (4.15) that $\Gamma > 0$. Now, let us show that V_{-1} satisfies

$$V_{-1} = \Phi(-1, +1) - H_{\Lambda,h}(-1). \tag{4.22}$$

Since $+1 \in \mathcal{I}_{-1}$, we have

$$V_{-1} \leq \Phi(-1, +1) - H_{\Lambda,h}(-1). \tag{4.23}$$

So, we conclude the proof if we show that

$$\Phi(-1, +1) \leq \Phi(-1, \eta) \tag{4.24}$$

holds for every $\eta \in \mathcal{I}_{-1}$. Let $\gamma_1 : -1 \rightarrow \eta$ be a path from -1 to η given by $\gamma_1 = (\sigma^{(1)}, \dots, \sigma^{(n)})$, then, according to Corollary 4.1, there is a path $\gamma_2 : \eta \rightarrow +1$, say $\gamma_2 = (\eta^{(1)}, \dots, \eta^{(m)})$, along which the energy decreases. Hence, the path $\gamma : -1 \rightarrow +1$ given by

$$\gamma = (\sigma^{(1)}, \dots, \sigma^{(n-1)}, \eta^{(1)}, \dots, \eta^{(m)}) \tag{4.25}$$

satisfies

$$\Phi_\gamma(-1, +1) = \Phi_{\gamma_1}(-1, \eta) \vee \Phi_{\gamma_2}(\eta, +1) = \Phi_{\gamma_1}(-1, \eta). \tag{4.26}$$

Hence, the inequality

$$\Phi(-1, +1) \leq \Phi_{\gamma_1}(-1, \eta) \tag{4.27}$$

holds for every path $\gamma_1 : -1 \rightarrow \eta$, and Eq. (4.24) follows. □

Proof of Theorem 3.1.3 Given $\sigma \notin \{-1, +1\}$, let us show now that

$$\Phi(\sigma, \eta) - H_{\Lambda,h}(\sigma) < V_{-1} \tag{4.28}$$

holds for any $\eta \in \mathcal{I}_\sigma$. Let us consider the following cases.

1. Case $\eta = +1$. According to Corollary (4.1), there is a path $\gamma = (\sigma^{(1)}, \dots, \sigma^{(n)})$ from $\sigma^{(1)} = \sigma$ to $\sigma^{(n)} \in \{-1, +1\}$ along which the energy decreases.

- (a) If $\sigma^{(n)} = -\mathbf{1}$, then the path $\gamma_0 : \sigma \rightarrow \eta$ given by $\gamma_0 = (\sigma^{(1)}, \dots, \sigma^{(n-1)}, L^{(0)}, \dots, L^{(N)})$ satisfies

$$\begin{aligned} \Phi(\sigma, \eta) - H_{\Lambda, h}(\sigma) &\leq \max_{\zeta \in \gamma_0} H_{\Lambda, h}(\zeta) - H_{\Lambda, h}(\sigma) \\ &\leq \left(\max_{\zeta \in \mathcal{Y}} H_{\Lambda, h}(\zeta) \right) \vee \left(\max_{0 \leq k \leq N} H_{\Lambda, h}(L^{(k)}) \right) - H_{\Lambda, h}(\sigma) \\ &= 0 \vee \left(\max_{0 \leq k \leq N} H_{\Lambda, h}(L^{(k)}) - H_{\Lambda, h}(\sigma) \right) \\ &< \max_{0 \leq k \leq N} H_{\Lambda, h}(L^{(k)}) - H_{\Lambda, h}(-\mathbf{1}) \\ &= V_{-\mathbf{1}}. \end{aligned}$$

- (b) Otherwise, if $\sigma^{(n)} = +\mathbf{1}$, then

$$\begin{aligned} \Phi(\sigma, \eta) - H_{\Lambda, h}(\sigma) &\leq \max_{\zeta \in \mathcal{Y}} H_{\Lambda, h}(\zeta) - H_{\Lambda, h}(\sigma) \\ &= 0 \\ &< V_{-\mathbf{1}}. \end{aligned}$$

2. Case $\eta = -\mathbf{1}$. According to Corollary (4.1), there is a path $\gamma = (\sigma^{(1)}, \dots, \sigma^{(n)})$ from $\sigma^{(1)} = \sigma$ to $\sigma^{(n)} \in \{-\mathbf{1}, +\mathbf{1}\}$ along which the energy decreases.

- (a) If $\sigma^{(n)} = +\mathbf{1}$, then the path $\gamma_0 : \sigma \rightarrow \eta$ given by $\gamma_0 = (\sigma^{(1)}, \dots, \sigma^{(n-1)}, L^{(N)}, \dots, L^{(0)})$ satisfies

$$\begin{aligned} \Phi(\sigma, \eta) - H_{\Lambda, h}(\sigma) &\leq \max_{\zeta \in \gamma_0} H_{\Lambda, h}(\zeta) - H_{\Lambda, h}(\sigma) \\ &\leq \left(\max_{\zeta \in \mathcal{Y}} H_{\Lambda, h}(\zeta) \right) \vee \left(\max_{0 \leq k \leq N} H_{\Lambda, h}(L^{(k)}) \right) - H_{\Lambda, h}(\sigma) \\ &= 0 \vee \left(\max_{0 \leq k \leq N} H_{\Lambda, h}(L^{(k)}) - H_{\Lambda, h}(\sigma) \right) \\ &< \max_{0 \leq k \leq N} H_{\Lambda, h}(L^{(k)}) - H_{\Lambda, h}(-\mathbf{1}) \\ &= V_{-\mathbf{1}}. \end{aligned}$$

- (b) Otherwise, if $\sigma^{(n)} = -\mathbf{1}$, then

$$\begin{aligned} \Phi(\sigma, \eta) - H_{\Lambda, h}(\sigma) &\leq \max_{\zeta \in \mathcal{Y}} H_{\Lambda, h}(\zeta) - H_{\Lambda, h}(\sigma) \\ &= 0 \\ &< V_{-\mathbf{1}}. \end{aligned}$$

3. Case $\eta \notin \{-\mathbf{1}, +\mathbf{1}\}$. Let $\gamma_1 = (\sigma^{(1)}, \dots, \sigma^{(n)})$ and $\gamma_2 = (\eta^{(1)}, \dots, \eta^{(m)})$ be paths from $\sigma^{(1)} = \sigma$ to $\sigma^{(n)} \in \{-\mathbf{1}, +\mathbf{1}\}$ and from $\eta^{(1)} = \eta$ to $\eta^{(m)} \in \{-\mathbf{1}, +\mathbf{1}\}$, respectively, along which the energy decreases.

- (a) If $\sigma^{(n)} = \eta^{(m)}$, define the path $\gamma : \sigma \rightarrow \eta$ given by $\gamma_0 = (\sigma^{(1)}, \dots, \sigma^{(n-1)}, \eta^{(m)}, \dots, \eta^{(1)})$ in order to obtain

$$\begin{aligned} \Phi(\sigma, \eta) - H_{\Lambda, h}(\sigma) &\leq \max_{\zeta \in \gamma_0} H_{\Lambda, h}(\zeta) - H_{\Lambda, h}(\sigma) \\ &= \left(\max_{\zeta \in \gamma_1} H_{\Lambda, h}(\zeta) \right) \vee \left(\max_{\zeta \in \gamma_2} H_{\Lambda, h}(\zeta) \right) - H_{\Lambda, h}(\sigma) \\ &= H_{\Lambda, h}(\sigma) \vee H_{\Lambda, h}(\eta) - H_{\Lambda, h}(\sigma) \\ &= 0 \\ &< V_{-1}. \end{aligned}$$

- (b) If $\sigma^{(n)} = -\mathbf{1}$ and $\eta^{(m)} = +\mathbf{1}$, let us define the path $\gamma_0 : \sigma \rightarrow \eta$ given by

$$\gamma_0 = (\sigma^{(1)}, \dots, \sigma^{(n-1)}, L^{(0)}, \dots, L^{(N)}, \eta^{(m-1)}, \dots, \eta^{(1)}) \tag{4.29}$$

it satisfies

$$\begin{aligned} \Phi(\sigma, \eta) - H_{\Lambda, h}(\sigma) &\leq \max_{\zeta \in \gamma_0} H_{\Lambda, h}(\zeta) - H_{\Lambda, h}(\sigma) \\ &= \left(\max_{\zeta \in \gamma_1} H_{\Lambda, h}(\zeta) \right) \vee \left(\max_{0 \leq k \leq N} H_{\Lambda, h}(L^{(k)}) \right) \\ &\quad \vee \left(\max_{\zeta \in \gamma_2} H_{\Lambda, h}(\zeta) \right) - H_{\Lambda, h}(\sigma) \\ &= H_{\Lambda, h}(\sigma) \vee \left(\max_{0 \leq k \leq N} H_{\Lambda, h}(L^{(k)}) \right) \vee H_{\Lambda, h}(\eta) - H_{\Lambda, h}(\sigma) \\ &= 0 \vee \left(\max_{0 \leq k \leq N} H_{\Lambda, h}(L^{(k)}) - H_{\Lambda, h}(\sigma) \right) \\ &< \max_{0 \leq k \leq N} H_{\Lambda, h}(L^{(k)}) - H_{\Lambda, h}(-\mathbf{1}) \\ &= V_{-1}. \end{aligned}$$

- (c) If $\sigma^{(n)} = +\mathbf{1}$ and $\eta^{(m)} = -\mathbf{1}$, let us define the path $\gamma_0 : \sigma \rightarrow \eta$ given by

$$\gamma_0 = (\sigma^{(1)}, \dots, \sigma^{(n-1)}, L^{(N)}, \dots, L^{(0)}, \eta^{(m-1)}, \dots, \eta^{(1)}) \tag{4.30}$$

it satisfies

$$\begin{aligned} \Phi(\sigma, \eta) - H_{\Lambda, h}(\sigma) &\leq \max_{\zeta \in \gamma_0} H_{\Lambda, h}(\zeta) - H_{\Lambda, h}(\sigma) \\ &= \left(\max_{\zeta \in \gamma_1} H_{\Lambda, h}(\zeta) \right) \vee \left(\max_{0 \leq k \leq N} H_{\Lambda, h}(L^{(k)}) \right) \vee \left(\max_{\zeta \in \gamma_2} H_{\Lambda, h}(\zeta) \right) \\ &\quad - H_{\Lambda, h}(\sigma) \\ &= H_{\Lambda, h}(\sigma) \vee \left(\max_{0 \leq k \leq N} H_{\Lambda, h}(L^{(k)}) \right) \vee H_{\Lambda, h}(\eta) - H_{\Lambda, h}(\sigma) \\ &= 0 \vee \left(\max_{0 \leq k \leq N} H_{\Lambda, h}(L^{(k)}) - H_{\Lambda, h}(\sigma) \right) \\ &< \max_{0 \leq k \leq N} H_{\Lambda, h}(L^{(k)}) - H_{\Lambda, h}(-\mathbf{1}) \\ &= V_{-1}. \end{aligned}$$

We conclude that for every $\sigma \notin \{-\mathbf{1}, +\mathbf{1}\}$, we have $V_\sigma < V_{-1}$. □

5 Proofs of the Critical Droplets Results

Proof of Proposition 3.1 As in the proof of Theorem 3.1, let us define $f : \{0, \dots, N\} \rightarrow \mathbb{R}$ as

$$f(i) = H_{\Lambda,h}(L^{(i)}), \tag{5.1}$$

and recall that

$$\Delta f(i) = 2 \left(\sum_{n=1}^{N-i-1} J(n) - \sum_{n=1}^i J(n) - h \right). \tag{5.2}$$

In the first case, we have $\Delta f(L - 1) = 2(h_{L-1}^{(N)} - h) > 0$, thus, since f decreases for all i greater than L , and since $\Delta^2 f < 0$, we conclude that f attains a unique strict global maximum at L . In the second case, we have $\Delta f(k - 1) = 2(h_{k-1}^{(N)} - h) > 0$ and $\Delta f(k) = 2(h_k^{(N)} - h) < 0$, so, f attains a unique strict global maximum at k . Finally, in the third case, we have $\Delta f(k) = 0$, that is, $f(k) = f(k + 1)$. Using the fact that $\Delta f(k + 1) < 0 < \Delta f(k - 1)$, we conclude that the global maximum of f can be only be reached at k and $k + 1$. \square

Proof of Corollary 3.2 Since $\sum_{n=1}^{\infty} J(n)$ converges, it follows that the set in Eq. (3.7) is nonempty, thus k_c is well defined. Then, we have

$$\sum_{n=k_c+1}^{\infty} J(n) \leq h < \sum_{n=k_c}^{\infty} J(n). \tag{5.3}$$

For all N sufficiently large such that $\lfloor \frac{N}{2} \rfloor > k_c$ and

$$\sum_{n=N-k_c+1}^{\infty} J(n) < \sum_{n=k_c}^{\infty} J(n) - h, \tag{5.4}$$

we have

$$h < \sum_{n=k_c}^{\infty} J(n) - \sum_{n=N-k_c+1}^{\infty} J(n) = h_{k_c-1}^{(N)} \tag{5.5}$$

and

$$h_{k_c}^{(N)} = \sum_{n=k_c+1}^{\infty} J(n) - \sum_{n=N-k_c}^{\infty} J(n) < h. \tag{5.6}$$

Therefore, by means of Proposition 3.1, we conclude that for N large enough, k_c satisfies

$$H_{\Lambda,h}(\mathcal{P}^{(k_c)}) > \max_{\substack{0 \leq i \leq N \\ i \neq k_c}} H_{\Lambda,h}(\mathcal{P}^{(i)}). \tag{5.7}$$

\square

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Appendix

Lemma A.1 *Let Λ be a finite subset of \mathbb{N} , then*

$$\sum_{i \in \Lambda} J(i) \leq \sum_{i=1}^{\#\Lambda} J(i), \quad (\text{A.1})$$

moreover, the equality holds if and only if $\Lambda = \{1, \dots, \#\Lambda\}$.

Proof Let k be the number of elements of Λ . Note that for $k = 0$ the result holds, so, suppose that it holds whenever Λ has k elements. Given a subset Λ of \mathbb{N} containing $k + 1$ elements, let k_0 be its the maximal element, then, using our induction hypothesis and the fact that $k_0 \geq k + 1$, we have

$$\sum_{i \in \Lambda} J(i) = J(k_0) + \sum_{i \in \Lambda \setminus \{k_0\}} J(i) \leq J(k + 1) + \sum_{i=1}^k J(i) = \sum_{i=1}^{k+1} J(i). \quad (\text{A.2})$$

In case we have an equality in Eq. (A.2), we have

$$0 \leq \sum_{i=1}^k J(i) - \sum_{i \in \Lambda \setminus \{k_0\}} J(i) = J(k_0) - J(k + 1) \leq 0, \quad (\text{A.3})$$

thus, $\Lambda \setminus \{k_0\} = \{1, \dots, k\}$ and $k_0 = k + 1$. \square

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